



2025 APTA Kansas Election

Vice -President

Nominee: Phil J. Kilmer

Nominator APTA Member ID Number: 484960

Please provide candidate statement:

APTA KS members, Over the last 8 years, I have had the opportunity to serve APTA KS in a variety of roles, and with a number of incredible leaders. I have had the benefit of serving under two wonderful Presidents and Vice Presidents as the Public Relations Chair, and feel fortunate to have had their mentorship in leadership and service. Further, I feel my experience serving as a Delegate and Alternate Delegate under two distinguished Chief Delegates has provided insight into the workings and importance of the APTA House of Delegates and professional governance. I have attempted to give back through my service in the aforementioned roles, serving as a speaker at numerous conferences, assisting with the APTA KS SSIG and the Midwest Student Conclave, as a speaker and mentor for the APTA KS Mentorship Program, and as the APTA Geriatric State Advocate for Kansas. If elected, I hope to continue such service, and represent APTA KS and its' valued members.

I am thankful for this opportunity, and graciously ask for your support.

Please provide brief bio:

Dr. Kilmer completed his undergraduate Bachelor of Science in Biology Pre-Med (Chemistry Minor) from Emporia State University. He then went on to obtain his Clinical Doctorate in Physical Therapy from The University of Kansas Medical Center.

Dr. Kilmer is currently an assistant professor at the University of Saint Mary in the Stefani Doctor of Physical Therapy program, having joined the faculty full-time in 2019. Dr. Kilmer is actively pursuing a PhD in Leadership with an emphasis on Health and Human Performance from the University of Concordia, Chicago. He possesses clinical experience in school-based pediatric, outpatient, inpatient rehabilitation, and skilled nursing settings, but is most passionate about the application of treatment interventions in geriatric populations, most notably, resistance training and nutritional modalities to combat sarcopenia. Dr. Kilmer is an APTA Board Certified Geriatric Clinical Specialist, an APTA Credentialed Clinical Instructor, the Public Relations Chair for APTA KS, the APTA Geriatric State Advocate for Kansas, and has served multiple terms as a Kansas Delegate and Alternate Delegate to the APTA House of Delegates. In 2023, Dr. Kilmer received the APTA KS Susan Tork Award for his service to the physical therapy profession in Kansas, as well as for performing life-saving CPR to a participant during a Senior Athlete Fitness Exam (SAFE) at the Kansas State Senior Games.